

*Young at Heart
East End House*



Are you looking for a way to stay active and socially connected?

Join our Walking Club!



*The Walking Club meets at
East End House
Wednesday Mornings
9:30am*

Coffee and snacks

Socialize with your neighbors

Feel more energized!

Track your steps with a free pedometer

For more information, contact Emily at 617-876-4444 or Emily@eastendhouse.org.



Come to East End House, 105 Spring Street, Cambridge
on **Wednesdays at 9:30am** for the Walking Club!

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